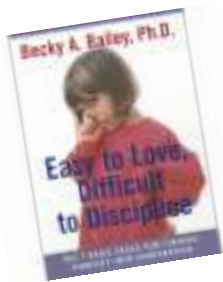




CREATIVE LEARNING CENTER'S

# CONSCIOUS DISCIPLINE®

## PARENT SERIES



**BASED ON THE WORK  
OF DR. BECKY BAILEY.**

For more information, go to  
[www.ConsciousDiscipline.com](http://www.ConsciousDiscipline.com)  
or [www.clcpreschool.net](http://www.clcpreschool.net)

### LEARN HOW TO:

- ⇒ Maintain self-control in upset moments
- ⇒ Discipline with a reliance on love instead of fear
- ⇒ Give effective commands which encourage children to cooperate
- ⇒ Guide children to create productive solutions to their own dilemmas
- ⇒ Understand the relationship between brain development, learning and behavior
- ⇒ Help yourself and your child look for solutions instead of blame

***Tuesday evenings, 7:30-9:30pm on these dates:***

*March 2*

*April 6*

*May 4*

*March 9*

*April 13*

*March 16*

*April 20*

*May 11 (makeup day if  
needed)*

*March 23*

*April 27*

**SPACE IS LIMITED – REGISTER EARLY**



## BOOK STUDY:

# EASY TO LOVE, DIFFICULT TO DISCIPLINE

AN INTERACTIVE SERIES  
DESIGNED TO CHANGE  
ATTITUDES AND PROVIDE  
SKILLS FOR ADULTS TO STAY  
IN CONTROL OF THEMSELVES  
AND IN CHARGE OF  
CHILDREN.

CONSCIOUS DISCIPLINE® IS  
AN EMOTIONAL  
INTELLIGENCE PROGRAM OF  
BRAIN SMART® STRATEGIES  
FOR RESPONDING RATHER  
THAN REACTING TO LIFE  
EVENTS.

### **COST:**

**\$140/person for CLC families (past or present)**

**\$175/person for all others**

Pre-registration guarantees availability  
of course materials.

Questions? Email Anne at [amoriarty@clepreschool.net](mailto:amoriarty@clepreschool.net).

Presenter: *Anne Moriarty*,  
Certified Conscious Discipline®  
Instructor and  
Founder/Director of  
Creative Learning Center, Inc.

Time: 7:30-9:30pm

Dates: *March 2*

*March 9*

*March 16*

*March 23*

*April 6*

*April 13*

*April 20*

*April 27*

*May 4*

*May 11 (makeup day if needed)*

### Meeting Location:

Creative Learning Center  
17930 Bowie Mill Rd.  
Derwood MD 20855  
301.987.5454

## COMMENTS FROM PAST PARTICIPANTS...

Attending the Parent Forum has helped my relationships with my husband, my children, other family and my friends. Outstanding concepts and excellent delivery. It was wonderful ~ and life-changing for sure!

This has changed my perspective on being a parent and how to discipline effectively. Our family life is much more calm and enjoyable.

The format is good because it allows you to work/focus on certain items and then come back for a "tune-up." Parent interaction is helpful, sharing tips and laughing, knowing "I am not alone."

Each week was so relevant. I find myself "noticing" more. My children seem very responsive to this. My empathy seems to allow my children to open up more and feel.

I am very appreciative of what I have learned and the ideas I have been exposed to (in the series). Every family and child is different. By having tools and techniques, we as parents will be able to do better for ourselves and our families.

Anne was an amazing and giving teacher. She had our full attention and would switch activities often to keep us fully engaged and help us see things from our children's viewpoint. It was beyond all my expectations.

### CONSCIOUS DISCIPLINE® PARENT SERIES REGISTRATION FORM

NAME \_\_\_\_\_

PHONE \_\_\_\_\_ EMAIL \_\_\_\_\_

I AM REGISTERING FOR THE **CONSCIOUS DISCIPLINE® BOOK STUDY:**

**CLC FAMILY? (PAST OR PRESENT)**

YES (COST \$140/PERSON)       NO (COST: \$175/PERSON)

*COST INCLUDES BOOK AND HANDOUTS.*

I AM REGISTERING FOR **LEVEL TWO:**

I HAVE BOOK (COST \$70/PERSON)       I NEED BOOK (COST \$85/PERSON)

MAKE CHECK PAYABLE TO ANNE MORIARTY. RETURN THIS FORM WITH PAYMENT TO:

CLC, 17930 BOWIE MILL RD., DERWOOD MD 20855

**PRE-REGISTRATION GUARANTEES AVAILABILITY OF COURSE MATERIALS.**

# PARENT SERIES LEVEL TWO

**FORMAT:** The format for Level Two will be different from the original Parent Series. The first hour will be dedicated to review of key concepts. The second hour will be dedicated to questions and discussion of current “hot topics” for the group.

**MINIMUM REGISTRANTS:** The minimum number of registrants for Level Two is six per group in order for that group to be held.

Use the **REGISTRATION FORM** on page 3.

## **DATES, TIMES and TOPICS:**

### **FRIDAYS, 9:15-11:15am:**

March 12 ~ Connections

March 26 ~ Limits & Power Struggles

April 9 ~ Intention

April 23 ~ Consequences

## **COST:**

\$70 per person  
(not including book)

\$85 per person  
(including book)

## ***PREREQUISITES:***

TO ATTEND LEVEL TWO, A PERSON MUST HAVE ALREADY ATTENDED THE CONSCIOUS DISCIPLINE PARENT FORUM.

EACH PARTICIPANT NEEDS A COPY OF DR. BAILEY’S BOOK, EASY TO LOVE, DIFFICULT TO DISCIPLINE. IF YOU WISH TO PURCHASE A COPY, INDICATE THIS ON YOUR REGISTRATION FORM. THE ADDITIONAL COST WILL BE \$15.

For more information on Conscious Discipline,  
visit [www.ConsciousDiscipline.com](http://www.ConsciousDiscipline.com).